
Counseling With People With Aphasia and Their Care Partners

SIG 20

INTRODUCTION

Participants in this SIG 20 activity read articles and answer questions about (a) elevating care partners of individuals with aphasia to be considered “primary” clients, (b) examining potential contributing factors to poststroke depression in stroke survivors, and (c) narrative-based counseling in aphasia. As a result, participants of this activity improve their ability to actively cultivate and improve their counseling skills for persons with aphasia and their care partners.

LEARNING OUTCOMES

You will be able to:

- analyze at least two limitations in the services that speech-language pathologists typically provide to care partners
- identify factors that contribute to post-stroke depression
- describe how to structure therapy sessions that may support a person with aphasia during narrative-based counseling

Assessment Type

Self-assessment—Think about what you learned and report on the Completion Form how you will use your new knowledge.

CONTENTS

Front and Center: Elevating Care Partners to Primary Clients by Adithya Chandregowda, Natalie F. Douglas, and Jacqueline Hinckley

Examining Factors That Contribute to Poststroke Depression Within the Family Caregiver and Care Recipient Dyadic Experience by Tiffany C. Gurley Nettles

In the Driver's Seat: Narrative-Based Counseling in Aphasia by Nicole Lavergne, Jamie H. Azios, Michael Azios, and Karen Whisenhunt Saar

PROGRAM HISTORY and IMPORTANT INFORMATION

Start date: September 23, 2025

End date: September 23, 2030

To earn continuing education credit, you must complete the learning assessment on or before **September 23, 2030**.



This course is offered for 0.40 ASHA CEUs (Intermediate level, Professional area).